

HOW to REGISTER for CAMP...

find us at
facebook.com/kidscounttooidaho
or email
kidscounttoo@ymail.com

Each KCT Camp focuses on a theme or aspect of the grieving process. A variety of resources and activities are utilized to help create an atmosphere where kids are encouraged, if comfortable, to share their memories and feelings. We combine high energy activities with grief education and emotional support to help children and teens cope with loss. The camps are organized into age groups to engage developmentally appropriate activities.



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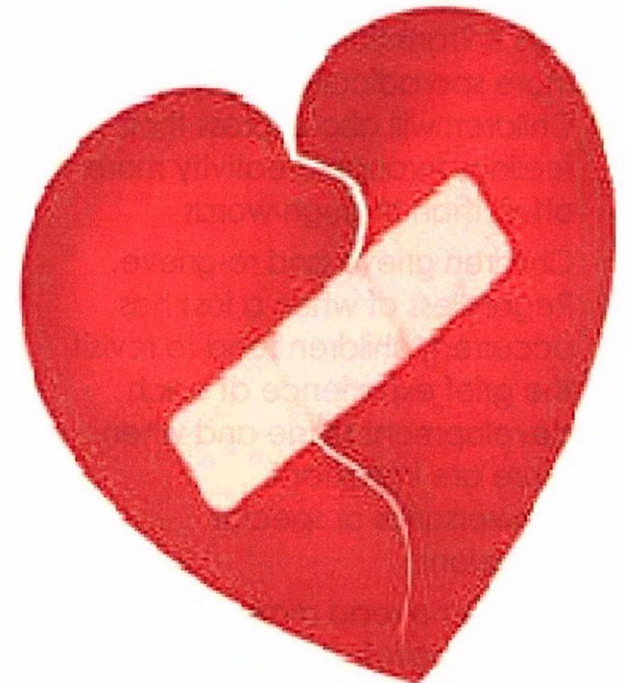
John Beer, Member

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Kids Count Too!, Inc.



Bereavement group for kids
ages 6-16 helping each other
in the grieving process

A Special Kind of Support



A child's grief is different than adult grief. According to Dr. Alan Wolfelt, of the Center for Loss & Transition, it happens more sporadically, in doses. Children will also express their feelings through creativity more often than through words.

Children grieve and re-grieve. Regardless of when a loss has occurred, children tend to revisit the grief experience at each development stage and when there are important anniversaries or special occasions.

There is no road map or time table for grief. It is a life-long process, and everyone grieves differently. Family systems, religious beliefs and personality all influence the way we choose to express grief.

We Attempt To . . .

- ♥ provide Day Camps each season of the year or as needed in the community.
- ♥ provide a summer overnight camp that engages kids in a safe outdoor environment.
- ♥ provide educational and counseling resources for the community.
- ♥ provide connection with various members of the bereavement community.

Who Can Attend? The camps are open to children 6 to 16 who have experienced the death of a loved one. There is **no cost to attend**.



How to donate? KCT!, Inc. is a tax exempt 501 (c) 3 of the IRS code and can accept tax-deductible donations. Financial support comes from diverse sources sharing the common interest of supporting our community's children at a very significant time in their lives. Kids Count Too, Inc. is the recipient of generous grants and donations for children to attend.

Who provides Camp Leadership?

KCT! Camps are not counseling sessions, although most of the leaders are counselors, social workers, hospice nurses, and chaplains. The one thing we have in common is a desire to provide a safe place for children and teens to express grief and develop coping skills through this experience.

Mentors – adults who care about kids, especially those who have experienced the death of someone close to them, may volunteer. Each mentor needs to have a background check documented.

Big Buddy – are assigned to each child and will have the opportunity to be with each other throughout the camps.

“Any child mature enough to love is mature enough to grieve.” Dr. A. Wolfelt, *Healing the Bereaved Child*. 1996. (69)